Mumbai, India

# CHAIIM FOUNDATION

ONE LIFE AT A TIME



Our Mission... is to Rehabilitate and Restore Survivors of Human Trafficking

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My Mother expired when I was around 14 years old and I was being looked after my 2 elder brothers. My brothers always ill-treated me and never trusted me as the years began to pass. They would often beat me, kick me and insult me cause to them I had become a burden and another mouth to feed.

The neighborhood locality was not a nice place and all the possible bad things used to take place and as a girl I would often be frightened to venture out alone in the day or the night.

One night an intruder forced himself in the house and gagged me while I was sleeping and raped me. I couldn't scream nor shout and I was also beaten up. My brothers instead of protecting me threw me out of the house and I had nowhere to go.

After this I became pregnant. I was filled with shame and did not want to tell anybody about this because I was afraid my brothers would beat me and shout at me. I did not know what to do. I went through my pregnancy and gave up my daughter for adoption through some counselors who helped me see light when I thought all had ended.



I came to know of Chaiim Foundation rehabilitation programs and joined and now that I am here, I have been given the opportunity to complete my studies, do a vocational training course.

For all my trauma and fears I am constantly being counseled and now can safely make good decisions. I have a wonderful housemother who now takes care of me. I never had a mothers love... but now I have one at Chaiim Foundation. I always thought I would never come up in life due to my circumstances but now I have hope and deep faith to believe for the future.

Trafficked survivors have very little means or no means of sustainability, lacking in life skills and education as a result their self-confidence is at an all time low. Giving them a job and providing them with a Fair Trade wage to which education, life skills, vocational training, counseling and housing are added – turns out to be a perfect solution.

Chaiim Foundation offers these survivors a second chance where they can start their lives and regain their dignity in their communities and begin a journey towards restoration and wholeness.



At Chaiim Foundation Life skills are

beneficiaries more control to improve

learning to work and have an impact on

important because they give the

their lives. We all want life skills

the behavior and choices made by

beneficiaries.

NOW. THERE ARE ESTIMATED TO BE OVER 900 000 SEX WORKERS IN INDIA. 30% ARE BELIEVED TO BE CHILDREN.

# English, Math and life skills



Survivors getting tutored in

Some of our girls are doing their 10<sup>th</sup> Grade through NIOS. They have subjects like English, Hindi, Marathi, Home Science, Computers, Business studies etc. Some of them wants to graduate and some want to take up a a trade in hand like a beauticians course and others want to do the 12<sup>th</sup> Grade and graduation too. Another wants to do graduate in MSW and work as a social worker.

## An In-house Job Readiness Program to ensure a Fair Trade Wage



#### Donate:

- Local donations can be made in the name of "Chaiim Foundation'
- Contact us for any further information on ways to donate or partnerships or any other queries at :

contact@chaiimfoundation.org

### Help Required

• Theres a urgent need to begin a Training Unit. We need your help on the same.

Friends

Founders Desk

The first six months of 2016 are HISTORY. It will go down as another, positive start to the year. Our progress from little and small has grown to seeing success in rehabilitation and restoration to survivors getting married and moving into community with their heads held high. Education hits a high note with 5 of them completing their 12<sup>th</sup> grade. Many of them are being egged on to complete their graduation.

Our staff are our aftercare's greatest strength and driving force. Much as we take pride in our facilities, systems and expertise, our success comes down to how effectively our people work with the people we support. Volunteers are another important part of our workforce that help with client group activities, newsletters and general administration.

We know that no two survivors of modern day slavery are the same; each is unique and has the right to expect a consistently high standard of support involved in the process of their recovery. We believe this must be the case wherever a survivor of modern day slavery is being supported and irrespective of who is funding their support.

Our aim is to establish trafficking survivor care standards and to ensure that, Chaiim Foundation ensures this service in attaining certain quality standards in the way support is delivered during and beyond the recovery and reflection period.

May this newsletter push you to the edge to take a closer look at a survivor and come be a part of Chaiim Foundation where we believe its "One life at a Time".



At Chaiim Foundation we keep an eye on three other key areas that make life skills learning work.

**1. Information**: Of the right kind, at the right time, taught in the right way

- **2. Life skills/Ability to act** (we are working well at making this happen it takes time, good facilitation skills and deep listening!) beneficiaries to make safe healthy choices e.g.
- Resisting peer pressure
- Knowing about and being able to avoid risky situations
- Knowing how to seek help if an adult is harassing her for sex or something not right

#### 3. Motivation

We motivate the survivor to act on the information she knows and equip her with skills to do so. Beneficiaries gets an opportunity to discuss and ask questions. Beneficiaries are also able to check themselves in areas they need to work on to see the change.